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INDUSTRY: **POLICE SERVICE**



What is the best part of your job?

I get to serve the people of London in a range of exciting and challenging roles alongside some outstanding people.

Biggest learning moment of your career?

You will never be able to make a lasting difference on your own, I have learnt to build a network of good people around me.

What does Black history month mean to you?

Black History Month is a time to deepen our understanding of ourselves and others. Recent events have emboldened me to create safe spaces for meaningful dialogue at work during this month and beyond.

What is your greatest achievement?

Becoming a Fulbright Scholar.

Why is being a positive role model important to you?

I hope the time I spend with students will help them to navigate their way through the tough decisions they need to make and give them confidence in their chosen paths.

What is your top tip to success?

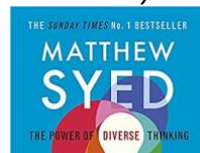
The story of success often has failure interwoven in it, when you fall, be gracious and kind to yourself, learn some lessons and get back up again.

What advice would you give to your 16year-old Self?

Don't worry too much about what others think about you, be free to be you. Have the confidence to knock on the door of opportunity.

What are you reading?

Rebel Ideas-
Matthew Syed



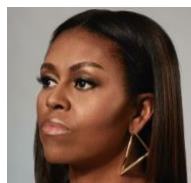
Favourite food to boost your mood?

Fish finger sandwich! So simple, yet so good

Biggest change since lockdown?

I started a course on fitness and nutrition

Ideal Mentor?
Michelle Obama



Role Model growing up?

My mother and the formidable women I grew up around.