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INDUSTRY: **MEDICINE**



What is the best part of your job?

The people I work alongside and the diverse patients I treat. I'm a people person so it's important for me to be able to interact and work with a wide range of people.

Biggest learning moment of your career?

I would say working as a doctor during a global pandemic. It has taught me a lot about myself and human nature. It hasn't been easy, but it has really shown me the importance of being part of a great team too.

What does Black history month mean to you?

Black History month is a time for me to reflect and appreciate all the amazing people whose shoulders we stand on. It's also an opportunity to learn and network with like-minded people.

Why is being a positive role model important to you?

I have been fortunate in my life to have amazing people around me who have inspired me, therefore, I think it's important to inspire the next generation.

What is your top tip to success?

Good communication skills are key professionally and personally. Surrounding yourself with a great team is so important. Being able to admit when you were wrong is necessary.

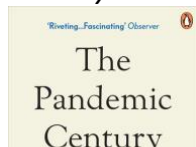
What is your greatest achievement?

I always find this question so hard to answer. I guess it would be being elected to be a Trustee of the Royal Society of Medicine. I am the youngest and the only black Trustee. I suffered with imposter syndrome when I first got the role because the other Trustees are much more established in their careers than me. However, I really enjoy the role and have learnt a lot and feel I can usefully contribute to meetings and decisions.

What advice would you give to your 16year-old Self?

Always do what makes you happy in life and appreciate every opportunity that you receive.

What are you reading?
The Pandemic Century



Favourite food to boost your mood?
Chocolate



Biggest change since lockdown?
Less time socialising with friends and family.

Ideal Mentor?
Michelle Obama



Role Model growing up?
My parents, they were always very hardworking & community minded.